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Quasi-experimental study to estimate the effectiveness of seasonal malaria chemoprevention in South Sudan

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In South Sudan, seasonal malaria chemoprevention reduced malaria in children during the high transmission season, despite potential high levels of resistance.

Introduction

Seasonal malaria chemoprevention (SMC) is effective in preventing malaria in children, particularly in areas where transmission is seasonal. Due to concerns about sulfadoxine-pyrimethamine (SP) resistance in East and southern Africa (ESA), SMC has primarily been implemented in the Sahel region of West and Central Africa. However, there is growing evidence that suggests SMC with SP and amodiaquine (AQ) retains a high level of effectiveness in ESA. This study assesses the effectiveness of SMC when delivered under programmatic conditions with unknown antimalarial drug resistance in Northern Bahr el Ghazal, South Sudan.

Methods

- We conducted a non-randomised quasi-experimental study that compared an intervention county (Aweil South) with a control county (Aweil West).
- In Aweil South, five SMC cycles were implemented between July and November 2022, targeting 18,514 children 3–59 months.
- Data were collected through repeated cross-sectional household surveys of caregivers of children 3–59 months using cluster samplings. The wave 1 survey was conducted in both counties prior to the implementation of SMC. Subsequent surveys, waves 2 and 3, were conducted after the second and fourth monthly SMC cycles.
- A difference-in-differences approach was employed by fitting logistic-regression models that incorporated interactions between the county and the wave.

Results

- A total of 2,760 children were sampled across both counties during the three survey waves.
- Children in the intervention arm had 70 percent lower odds of caregiver-reported fever in comparison to those in the control arm (odds ratio [OR]: 0.30, 95 percent confidence interval [95% CI]: 0.12–0.70, $p=0.003$).
- The odds of caregiver-reported malaria confirmed by a rapid diagnostic test were 82 percent lower during the previous one-month period prior to wave 2 (OR: 0.18, 95% CI: 0.07–0.49, $p=0.001$) and wave 3 (OR: 0.18, 95% CI: 0.06–0.54, $p=0.003$).
- Results indicate that SMC is an effective intervention for malaria prevention in eligible children in the study area.

Conclusion

This study suggests SPAQ is effective in reducing malaria in SMC campaigns during the high transmission season in Aweil South, Northern Bahr El Ghazal, South Sudan. These findings are consistent with evidence of SMC's effectiveness reported in previous randomised studies. Despite these results, a comprehensive evaluation of the suitability of SMC for this specific context necessitates the inclusion of results from chemoprevention efficacy cohort studies, along with an analysis of relevant resistance markers.

Results

Table 1: Caregiver-reported fever outcomes

Outcome	Model description	Variable	Category	Odds ratio	95% CI	p value	
Caregiver-reported fever outcomes	Model 1: Unadjusted model	County	Aweil South (intervention)	0.27	0.10–0.70	0.008	
			Wave	Wave 2	2.78	1.77–4.37	<0.001
				Wave 3	1.44	0.77–2.67	0.246
				County*Wave 2	0.29	0.12–0.70	0.007
			Interaction	County*Wave 3	0.56	0.20–1.54	0.252
				Model 2: Adjusted for child age and sex	County	Aweil South (intervention)	0.26
	Wave	Wave 2	2.60			1.68–4.04	<0.001
		Wave 3	1.39			0.72–2.66	0.315
		County*Wave 2	0.29			0.12–0.70	0.007
	Interaction	County*Wave 3	0.59			0.22–1.59	0.285
		Model 3: Full model	County			Aweil South (intervention)	0.18
	Wave			Wave 2	2.40	1.68–4.04	0.001
Wave 3				1.36	0.72–2.66	0.260	
County*Wave 2				0.30	0.12–0.70	0.003	
Interaction	County*Wave 3			0.63	0.22–1.59	0.306	

Table 2: Caregiver-reported malaria outcomes

Outcome	Model description	Variable	Category	Odds ratio	95% CI	p value	
Caregiver-reported malaria outcomes	Model 1: unadjusted model	County	Aweil South (intervention)	1.10	0.51–2.23	0.807	
			Wave	Wave 2	3.61	1.93–6.77	<0.001
				Wave 3	3.32	1.91–5.76	<0.001
				County*Wave 2	0.21	0.08–0.55	0.003
			Interaction	County*Wave 3	0.21	0.06–0.62	0.006
				Model 2: adjusted for child age and sex	County	Aweil South (intervention)	1.10
	Wave	Wave 2	3.61			2.03–6.43	<0.001
		Wave 3	3.31			1.91–5.73	<0.001
		County*Wave 2	0.20			0.08–0.54	0.002
	Interaction	County*Wave 3	0.21			0.07–0.63	0.006
		Model 3: full model	County			Aweil South (intervention)	0.94
	Wave			Wave 2	3.39	1.79–6.43	<0.001
Wave 3				3.39	1.89–6.08	<0.001	
County*Wave 2				0.18	0.07–0.49	0.001	
Interaction	County*Wave 3			0.18	0.06–0.54	0.003	

Figure 1: Map of the study area in South Sudan



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